

Curriculum Map:PSHE

Intent

To give students at Newcastle Academy the skills, knowledge and understanding to live successfully in an ever changing World.

Core Themes

Health and Wellbeing
Living in the Wider
World
Relationships



Revision and Exam preparation

Summer Term

Building for the future
Self efficacy, stress management

Spring Term

Post 16 plans:
application process, employment, careers

Autumn Term

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Exploring Influences Addressing extremism and radicalisation (links to community)

Summer Term

Healthy relationships;
sex myths, expectations

Spring Term

Mental Health:
Mental Health, ill health, taking risks

Autumn Term

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Employability Skills,
Setting goals, career options linked to GCSE option process.

Intimate Relationships:
consent, attitudes towards pornography

Summer Term

Healthy lifestyle: Diet, exercise balanced and healthy choices

Spring Term

Volunteering

Respectful Relationships: families, parenting , conflict at home

Substance Misuse, Healthy and Unhealthy Friendships, gang Exploitation

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Year 8 Visitors
-Road Safety
-Resolv

Emotional wellbeing: metal health, emotional well being, body image

Summer Term

Volunteering

Discrimination
Racism, religious, discrimination
Disabilities, sexism, biphobia, transphobia

Spring Term

Developing knowledge of risk associated with drugs such as alcohol and caffeine.

Autumn Term

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Financial Decision Making
Saving, borrowing, budgeting

Volunteering

Building Relationships
Self worth, romance, boundaries

Summer Term

Health and Puberty
Healthy routines, consent and FGM

Spring Term

Diversity
Prejudice and Bullying

Autumn Term

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Transition to secondary school. Keeping Safe – Road, rail

Year 7 Visitors
-Road Safety
-Resolv

Year 11 Visitors:
-Car Safety
-OddBalls

Year 10 Visitors :
-Road Safety
-OddBalls

Year 9: Visitors
- Ruff and Ruby

Digital Literacy:
Gambling hooks, media reliability

Identity and Relationships:
Gender identity, sexual orientation, consent, 'sexting' introduction to contraception